CARESITE®: CLEAN, CLEAR CONNECTION

CLINICAL PERFORMANCE STUDIES
CONTENTS

1) Key Design Attributes                  Pages 1-2
2) Microbial Ingress Study 1             Pages 3-4
3) Microbial Ingress Study 2             Page 5
4) Mechanical Haemolysis Study          Page 6
5) Syringe Attachment Forces Study      Page 7

For a full version of any of the studies detailed please ask your B. Braun Medical Ltd representative
CARESITE®: CLEAN, CLEAR CONNECTION
KEY DESIGN ATTRIBUTES

Catheter related blood stream infections are a serious health issue that create significant medical and economic burden within our National Health Service. More than ever there is now an emphasis on the NHS to look at ways to reduce hospital acquired MRSA bloodstream infections and as such the NHS Commissioning Board have outlined a zero tolerance approach.²

CARESITE Clean, Clear Connection has been designed to assist you in achieving your objective of reducing MRSA bloodstream infections through its three key design attributes combined with the exceptional education support services offered by our Clinical Education Team.

DESIGN ATTRIBUTE – CLEAN

FLAT ACCESS SURFACE

The topography of a needlefree access surface is vitally important and should be conducive to easy and effective decontamination²,³.

Independent studies show that the smooth, flat surface of CARESITE serves as a superior microbial barrier².

In addition, the easy grip barrel minimises the risk of slippage, supporting ANTT Key-Part protection.

CLINICAL EDUCATION – SCRUB THE HUB

Effective disinfection of a needlefree connector is paramount to preventing microorganism entry. Not only is this influenced by factors such as how smooth and flat the access surface is, in order to permit ease of cleaning, but also through human factors such as ensuring hand hygiene is correctly performed and that the access surface is sufficiently decontaminated in accordance with current guidelines³,⁴.

Auditing human factors with a view to enhancing clinical practice can be incredibly time consuming which is why the introduction of CARESITE is supported by a continuous ‘Scrub the Hub’ education programme delivered by our team of Clinical Educators.
DESIGN ATTRIBUTE - CLEAR

CLEAR OUTER HOUSING

Coloured external housing can make it difficult to visualise that the needlefree device has been effectively flushed clear of blood or other infusates³,⁵. CARESITE is a clear needlefree device which enables healthcare professionals to visually assess and confirm that a proper flush has been performed.

DESIGN ATTRIBUTE - CONNECTION

MINIMUM CONNECTION FORCE

The use of an extension set between a peripheral IV catheter and a needlefree connector is recommended to reduce catheter related manipulation and associated complications⁶. The extension line length of CARESITE has been specifically designed to move manipulation away from the insertion site which, combined with the minimal opening connection force, can assist in reducing unnecessary manipulation.

PRE-FILLED GLASS SYRINGE COMPATIBILITY

The MHRA highlight the issue of some needlefree connectors being incompatible with pre-filled glass syringes which can result in delays in administering emergency therapy during the resuscitation of patients⁷. The CARESITE needlefree connector is compatible with pre-filled glass syringes without the need for an additional adapter⁸.

MAINTAIN PATENCY

Positive displacement needlefree devices are highlighted as being beneficial as they ensure that there is no blood reflux upon disconnection of a syringe or IV line³. CARESITE is a positive displacement needlefree connector and as such upon disconnection of a syringe or IV line a forward bolus of 0.03 ml of saline is pushed through the catheter tip, maintaining catheter patency.
CARESITE®: CLEAN, CLEAR CONNECTION
MICROBIAL INGRESS STUDY 1

BACKGROUND

It is widely acknowledged that the physical features of the surface of a needlefree device can influence the effectiveness of decontamination. A flat, sealed, solid access surface is considered superior and the fluid pathway should be simple in design to prevent the risk of bacteria becoming trapped inside the needlefree connector. The following microbial ingress studies were undertaken to assess the microbial barrier performance of CARESITE after 5 and 7 days.

Casey, A., et al. (2015). An In Vitro Comparison of Microbial Ingress into 8 Different Needleless IV Access Devices

AIMS

To assess the differences between the rates of microbial ingress into 8 different needlefree connectors following contamination with Colony Forming Units (CFU) of Staphylococcus Aureus over 7 days of clinical simulation.

METHODOLOGY

24 of each device were exposed over a period of 7 days to 5 rounds of inoculation with viable Staphylococcus Aureus and decontaminated with a Sani Cloth® wipe (70% Isopropyl alcohol) following either a 5 or 15 second cleaning regime. All flush eluates were collected and incubated for assessment of microbial ingress.

RESULTS

Following 7 days use, and with both cleaning regimes, significantly fewer CFUs were detected in the eluates collected from CARESITE:

Days 1 – 6  median CFUs = 0
Day 7       median CFUs = 1

This was attributed to CARESITE providing an easy to decontaminate access surface.
Median CFU of Staphylococcus Aureus recovered from each daily saline eluate of 8 different needleless IV access devices over 7 days of simulated clinical use with a 5 second cleaning regimen (n = 12). Abbreviations: BN, Bionector; CFU, colony forming unit; CL, Clave; CS, CARESITE; IV, intravenous; MC, MicroClave Clear; MG, MaxGuard; MP, MaxPlus Clear; QS, Q-Syte; VL, V-Link.

5 SECOND CLEANING REGIME

Median CFU of Staphylococcus Aureus recovered from each daily saline eluate of 8 different needleless IV access devices over 7 days of simulated clinical use with a 15 second cleaning regimen (n = 12). Abbreviations: BN, Bionector; CFU, colony forming unit; CL, Clave; CS, CARESITE; IV, intravenous; MC, MicroClave Clear; MG, MaxGuard; MP, MaxPlus Clear; QS, Q-Syte; VL, V-Link.

15 SECOND CLEANING REGIME
CARESITE®: CLEAN, CLEAR CONNECTION
MICROBIAL INGRESS STUDY 2

B. Braun Medical Inc. (2010). CARESITE Luer Access Device: Microbial Barrier Performance of the Needlefree Connector

AIMS
The aim of this study was to analyse the microbial barrier performance of CARESITE when challenged with CFUs of 4 different species of microorganism over 7 days of clinical simulation.

METHODOLOGY
24 of each needlefree device were inoculated daily for 7 days with 4 species of microorganism: Staphylococcus Aureus, Staphylococcus Epidermidis, Pseudomonas Aeruginosa, Escherichia Coli – and decontaminated with a 70% Isopropyl alcohol wipe for 15 to 20 seconds. Devices were accessed every 3 hours and daily flush eluates were collected and incubated for assessment of microbial ingress.

RESULTS
Following 7 days of clinical simulation no clinically significant microorganisms of any of the 4 test species were detected. As such this study further demonstrates that CARESITE prevents passage of microorganisms* through the needlefree connector following thorough, well defined cleaning after each use.

CARESITE NEEDLEFREE DEVICES GROWING GREATER THAN 15 CFU OF THE TEST SPECIES

<table>
<thead>
<tr>
<th>ORGANISM</th>
<th>DAY 1</th>
<th>DAY 2</th>
<th>DAY 3</th>
<th>DAY 4</th>
<th>DAY 5</th>
<th>DAY 6</th>
<th>DAY 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>Staphylococcus Aureus</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Staphylococcus Epidermidis</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Pseudomonas Aeruginosa</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Escherichia Coli</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

*No CFU greater than 15
CARESITE®: CLEAN, CLEAR CONNECTION
MECHANICAL HAEMOLYSIS STUDY

B. Braun Medical Inc. (2010). CARESITE Luer Access Device: Mechanical Haemolysis Test of the Needlefree Connector

BACKGROUND
Haemolysis can lead to unreliable laboratory results or in samples being rejected for coagulation testing resulting in delays to patient care. As such it is important when selecting your needlefree device to ensure that it does not increase the risk of mechanical haemolysis.

AIMS
The aim of this study was to demonstrate that blood sampling and infusion can be performed via the CARESITE needlefree connector without increased risk of mechanical haemolysis.

METHODOLOGY
The average rate of haemolysis of 15 CARESITE needlefree connectors was measured using citrated whole rabbit blood. Between 1-2 mls of blood were aspirated or injected through each device to facilitate testing.

After the blood samples were collected they were diluted with 0.9% sodium chloride. The samples were centrifuged to separate supernatant from the blood pellet. The supernatant was assessed for absorbance using a spectrophotometer, a method to determine the amount of light absorbed by liquid.

Positive and negative controls determined the absorbance to haemolysis ratio.

RESULTS
The haemolytic rate for blood aspirations through CARESITE was 0.4% for blood aspiration and 0.2% for injection. The haemolysis values were well below the 5% haemolysis limit, indicating that the material used and the design of the device does not produce haemolysis.
CARESITE®: CLEAN, CLEAR CONNECTION SYRINGE ATTACHMENT FORCES STUDY

B. Braun Medical Inc. (2014). CARESITE Luer Access Device: Easy to Connect

BACKGROUND

The use of an extension set between a peripheral catheter and a needlefree connector is recommended to reduce catheter related manipulation and associated complications. To further assist in reducing catheter manipulation, CARESITE has been designed to require minimal connection force upon attachment of a Luer connector.

AIMS

To determine the force required to move the internal mechanism of 6 needlefree valve devices from the closed to the open position.

METHODOLOGY

A male Luer Intsron Tensile Tester was used to measure the pounds force (lbf) required to fully open 6 different needlefree connectors. The Intsron Tensile Tester was held in place for 5 seconds maintaining the open position of the needlefree valve. The peak point of the insertion force was recorded for 12 samples of each needlefree device.

RESULTS

Of the 6 needlefree devices subjected to the Intsron Tensile test, CARESITE required the least amount of insertion force with just 2 lbf required. This is 38–124% less than the comparative needlefree connectors evaluated.

<table>
<thead>
<tr>
<th>Device</th>
<th>Insertion Force</th>
<th>% More Force Needed than CARESITE</th>
</tr>
</thead>
<tbody>
<tr>
<td>CARESITE</td>
<td>2 lbf</td>
<td>Lowest insertion force</td>
</tr>
<tr>
<td>MAXPLUS®</td>
<td>2.9 lbf</td>
<td>38%</td>
</tr>
<tr>
<td>SMARTSITE® PLUS</td>
<td>3.4 lbf</td>
<td>62%</td>
</tr>
<tr>
<td>MicroCLAVE®</td>
<td>3.5 lbf</td>
<td>67%</td>
</tr>
<tr>
<td>INVISION-PLUS®</td>
<td>4.7 lbf</td>
<td>124%</td>
</tr>
<tr>
<td>Q-SYTE®</td>
<td>4.7 lbf</td>
<td>124%</td>
</tr>
</tbody>
</table>

![Graph showing force requirements for needlefree valve devices]
REFERENCES

1. NHS England, Zero tolerance – guidance on the post infection review
6. Infusion Nursing Society 2016
8. Data on file