

UNDERSTANDING YOUR KETONE RESULTS

READING	MEANING
<0.6 mmol/L	Normal range
0.6-1.5 mmol/L	You may be at risk of developing DKA so test again after 2 hours
>1.6 mmol/L	You are at risk of DKA and should contact your diabetes team or GP immediately

KETONE WARNING



- When your blood glucose result is higher than 13.3 mmol/L, the meter will display the blood glucose reading GLU as well as a ketone warning (flashing KETONE and "⚠").
- The ketone warning is to notify you that you may be at risk of elevated ketone levels and a ketone test is recommended.

