

**DRAFT**

**Things you might need to know**

**Do I have to remove the Diveen® when using the toilet?**  
No, the device stays in place in the vagina and you will be able to empty your bladder as normal.

**Can Diveen® get lost in my body?**  
The opening at the top of the vagina is too small to lose the device.

**Is there any risk of Toxic Shock Syndrome (TSS)?**  
Diveen® is unlikely to cause TSS as it is not absorbent. The risk is greater when using tampons.

**How long can I use a single Diveen® for?**  
Wear Diveen® all day, remove at night, then wash, rinse and dry the device after use. Do not leave the device in the vagina for more than 24 hours at a time. Each Diveen® device only lasts for 2 wears then it must be thrown away.

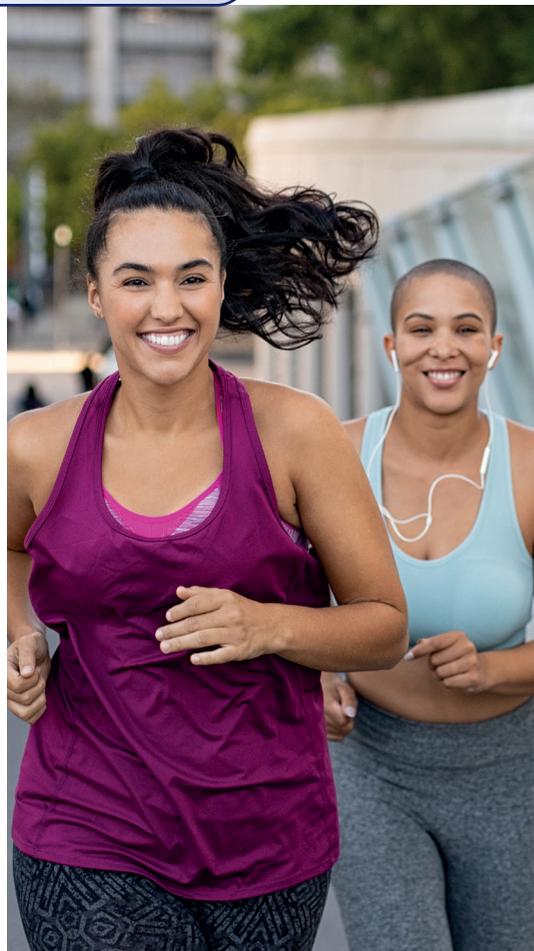
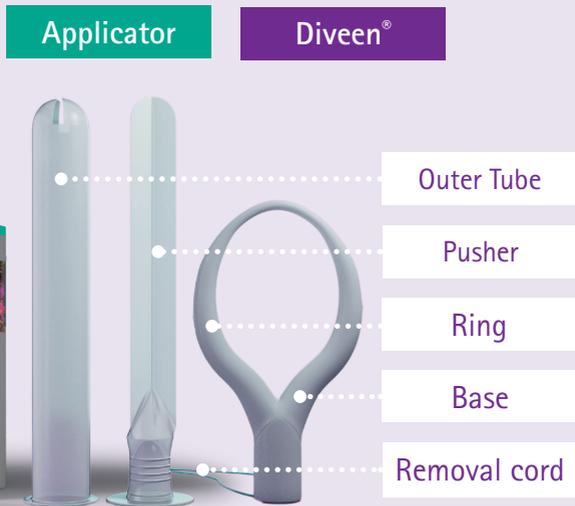
**What size should I use?**  
Diveen® comes in 2 sizes, small and medium. Use the starter pack to decide which size is most suitable.

**What if Diveen® feels uncomfortable?**  
If Diveen® has slipped slightly you can reposition the device by pushing gently inward with your index finger. Diveen® also comes with an applicator which helps you insert the device in the correct position.

**Other information and advice**  
Diveen® is made from a flexible material called Santoprene™. Do not use Diveen during pregnancy or sexual intercourse. Do not use during your period if wearing a tampon.



*"Diveen® has changed my life and allows me to do things I had stopped doing"*



A simple device to help prevent urine leaks

Diveen® Order Information	Size	Order Code
15 Devices + 1 Applicator	Small	3022E
15 Devices + 1 Applicator	Medium	3023E
1 small, 1 medium + 1 applicator	Starter pack	3025E

Available on NHS prescription from February 2020.



Scan the code to find out more information about Diveen®

PHONE: 0800 163 007  
EMAIL: [diveen.bbmun@bbraun.com](mailto:diveen.bbmun@bbraun.com)

- <https://www.england.nhs.uk/wp-content/uploads/2018/07/excellence-in-continenence-care.pdf>. Accessed 13th July 2021.
- Patient Info Sheet: Urinary incontinence of the woman. May 2012 Association French Urology. [www.urofrance.org](http://www.urofrance.org)
- 75NC007 device for noninvasive stress urinary incontinence management in women: a randomised controlled trial. The International Urogynecological Association 2012. April 2012

B. Braun Medical Ltd | OPM | Thorncliffe Park | Sheffield | S35 2PW  
Tel (0114) 225 9000 | Fax (0114) 225 9111 | [www.bbmun.co.uk](http://www.bbmun.co.uk)  
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**Diveen®**  
Back To Being Me

# Diveen® - Back To Being Me

A SIMPLE DEVICE TO HELP PREVENT URINE LEAKS



Have you ever **coughed, sneezed or laughed** and **leaked urine a little**? Maybe you had to give up jogging or shied away from trampolining with your kids, because the fear of leaking stopped you?

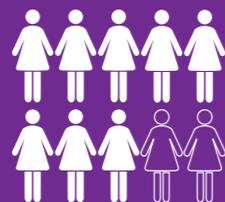
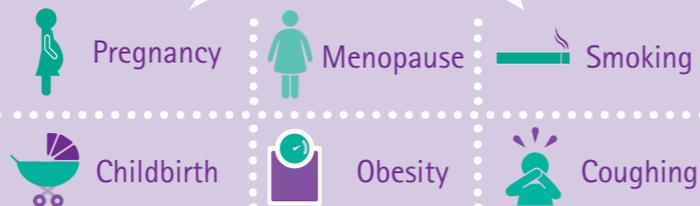
Leaking urine through exertion and exercise is a symptom of stress incontinence (SUI), caused by a weak bladder or pelvic floor muscle, and **it's more common than you think!**

It is estimated that...

**1 in 3** 

women in the UK suffer from urine leaks at some stage in their life<sup>1</sup>.

## COMMON CAUSES OF SUI<sup>2</sup>:



**8 out of 10** ladies experienced **SIGNIFICANT IMPROVEMENTS<sup>3</sup>** in urinary symptoms when using Diveen®



"Wearing Diveen® I am confident in my exercise class and have started running again!"

So, wouldn't it be great if you could prevent these leaks from happening in the first place?

## READY FOR THE GOOD NEWS?

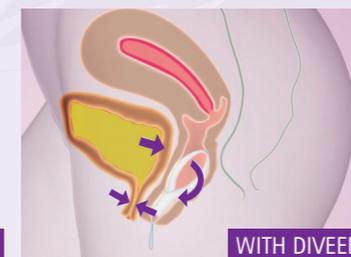
Diveen® is an intuitive vaginal device, like a tampon, that is comfortable to wear and helps prevent urine leakage caused by stress incontinence.

It gives you extra support where you need it.

If your muscles are weak, Diveen® helps by gently supporting the vaginal wall and bladder neck.

Any increased pressure from laughing, sneezing, coughing or exercising transmits to the device making it softly tilt so that the urethra is blocked, significantly reducing the chance of leaking!

## GIVING YOU THE FREEDOM TO BE YOU.



## How to wear Diveen® in a few simple steps!\*

**1** Wash your hands and get into a comfortable position.

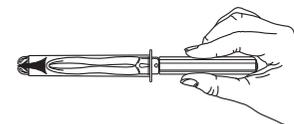
**2** Prepare your Diveen®  
Without applicator

Gently pinch the ring of Diveen® with your fingers



With applicator

Gently pinch the ring of Diveen® and insert into outer tube, then insert pusher behind Diveen®



**3** Diveen® is now ready for insertion.

Insert Diveen® with or without applicator into the vagina, ensure the cord is visible. If using applicator, remove once Diveen® is in place



**3** To remove, gently pull on the removal cord.

\* Please read the product instructions carefully before use. Consult your specialist continence team for treatment advice on managing your incontinence.

These symptoms often respond well to pelvic floor exercises. It is important to continue to perform pelvic floor exercises alongside using Diveen if you are able.