

Things you might need to know

Do I have to remove the Diveen® when using the toilet?
No, the device stays in place in the vagina and you will be able to empty your bladder as normal.

Can Diveen® get lost in my body?
The opening at the top of the vagina is too small to lose the device.

Is there any risk of Toxic Shock Syndrome (TSS)?
Diveen® is unlikely to cause TSS as it is not absorbent. The risk is greater when using tampons.

How long can I use a single Diveen® for?
Wear Diveen® all day, remove at night, then wash, rinse and dry the device after use. Do not leave the device in the vagina for more than 24 hours at a time. Each Diveen® device only lasts for 2 wears then it must be thrown away.

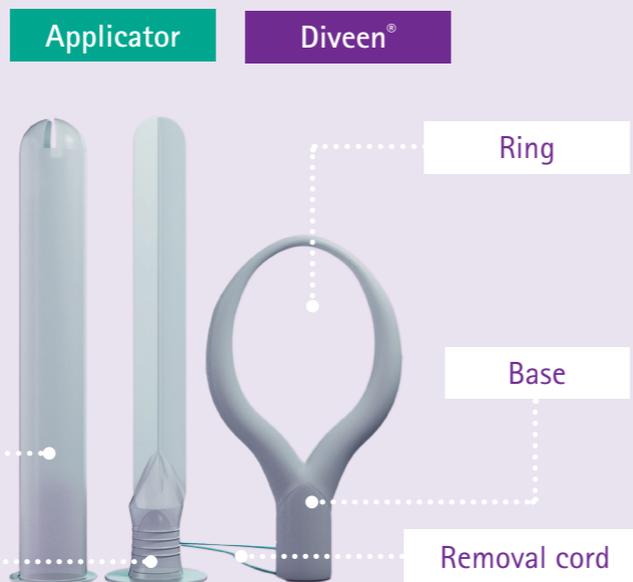
What size should I use?
Diveen® comes in 2 sizes, small and medium. Use the starter pack to decide which size is most suitable for you.

What if Diveen® feels uncomfortable?
If Diveen® has slipped slightly you can reposition the device by pushing gently inward with your index finger. Diveen® also comes with an applicator which helps you insert the device in the correct position.

Is Diveen® safe to use?
Diveen® is made from a flexible material and can be worn at the same time as an intrauterine device (IUD or coil). Do not use Diveen during pregnancy or sexual intercourse. Do not use during your period if wearing a tampon.



"Diveen® has changed my life and allows me to do things I had stopped doing"



Scan the QR code to find out more about Diveen®

PHONE: 0800 163 007

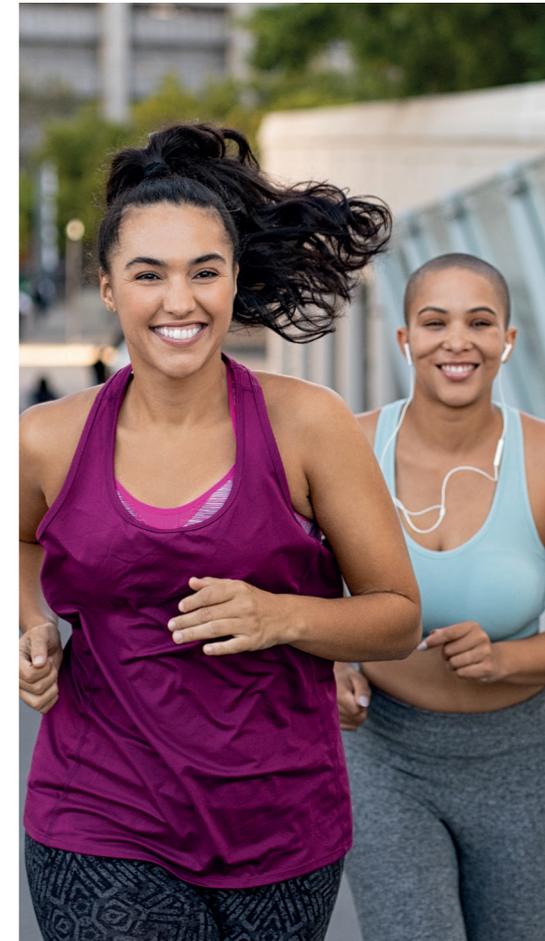
ONLINE: www.bbraun.co.uk

1. bowelandbladder.org
2. Patient Info Sheet: Urinary incontinence of the woman. May 2012 Association French Urology. www.urofrance.org
3. 75NC007 device for noninvasive stress urinary incontinence management in women: a randomised controlled trial. The International Urogynecological Association 2012. April 2012

B. Braun Medical Ltd | OPM | Thorncliffe Park | Sheffield | S35 2PW
Tel (0114) 225 9000 | Fax (0114) 225 9111 | www.bbraun.co.uk

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A simple device to help prevent urine leaks



Diveen®
Back To Being Me

Diveen® - Back To Being Me

A SIMPLE DEVICE TO HELP PREVENT URINE LEAKS



Have you ever coughed, sneezed or laughed and leaked urine a little? Maybe you had to give up jogging or shied away from trampolining with your kids, because the fear of leaking stopped you?

Leaking urine through exertion and exercise is a symptom of stress incontinence (SUI), caused by a weak bladder or pelvic floor muscle, and it's more common than you think!

It is estimated that...

1 in 3 

women in the UK suffer from urine leaks at some stage in their life¹.

COMMON CAUSES OF SUI²:

Pregnancy or
Childbirth



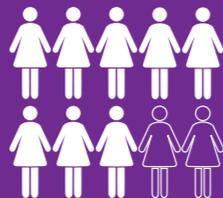
Menopause



Obesity



Smoking



8 out of 10 ladies experienced SIGNIFICANT IMPROVEMENTS³ in urinary symptoms when using Diveen®



"Wearing Diveen® I am confident in my exercise class and have started running again!"

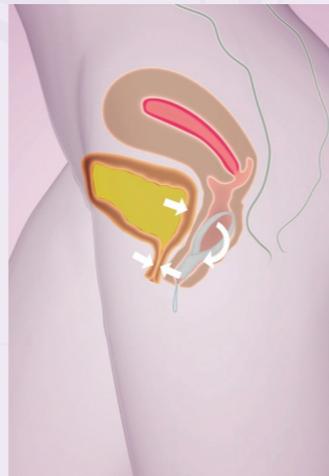
So, wouldn't it be great if you could prevent these leaks from happening in the first place?

READY FOR THE GOOD NEWS?

Diveen® is an intuitive vaginal device, like a tampon, that is comfortable to wear and helps prevent urine leakage caused by stress incontinence.

It gives you extra support where you need it.

If your muscles are weak, Diveen® helps by gently supporting the vaginal wall and bladder neck.



Any increased pressure from laughing, sneezing, coughing or exercising transmits to the device making it softly tilt so that the urethra is blocked, significantly reducing the chance of leaking!

GIVING YOU THE FREEDOM TO BE YOU.



How to wear Diveen® in a few simple steps!*

1 Wash your hands and get into a comfortable position.

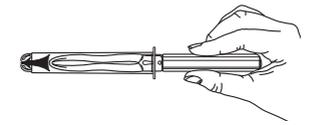
2 Prepare your Diveen® Without applicator

Gently pinch the ring of Diveen® with your fingers



With applicator

Gently pinch the ring of Diveen® and insert into outer tube, then insert pusher behind Diveen®



3 Diveen® is now ready for insertion.

Insert Diveen® with or without applicator into the vagina, ensure the cord is visible. If using applicator, remove once Diveen® is in place



3 To remove, gently pull on the removal cord.

* Please read the product instructions carefully before use. Consult your doctor for advice on managing your incontinence.