



IryPump® S

PATIENT TESTIMONIALS AND FEEDBACK

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'The IryPump® S has given me a new quality of life and peace of mind²'



Bowel Irrigation with IryPump® S

Irrigation is now a common method of bowel management, whether it be for chronic constipation, bowel dysfunction or colostomy irrigation. Until now the options have been limited.

IryPump® S is an electrical bowel irrigation system available on NHS prescription, it is an innovative system that requires no manual pumping of water and it is one of the most advanced systems you can choose for simple, easy and effective irrigation.

This booklet contains patient stories which you may find interesting if you are considering starting this method of bowel management or if you are considering offering bowel irrigation to your patients.

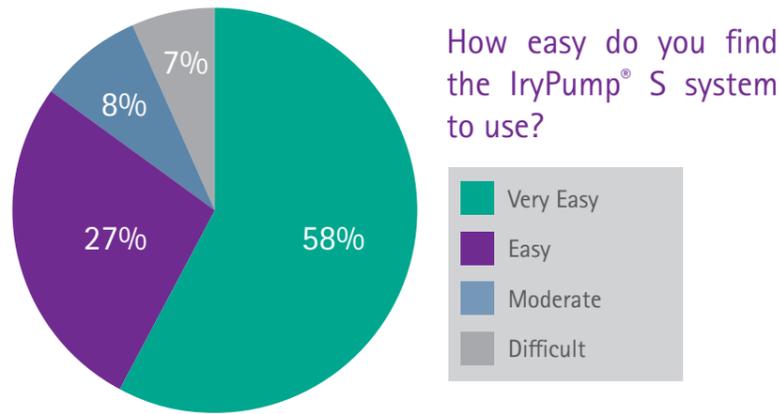
IryPump® S is:

- Simple - easy to teach and easy to use, even for colostomates
- Cost effective - big savings versus competitor bowel irrigation systems¹

Easy to use, fully adjustable to each individual, compact and totally portable, IryPump® S will help you achieve maximum comfort, independence and quality of life.

RESULTS SO FAR²

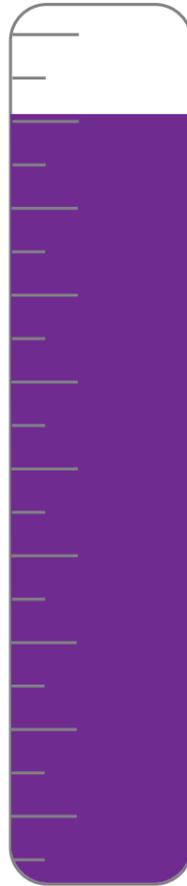
IryPump[®] S has been available to patients for over 2 years and we have already had amazing feedback from patients! Take a look at what they had to say about IryPump[®] S below. The results below were based on the responses of 126 patients that took part in a survey, with participants using IryPump[®] S for either rectal irrigation or colostomy irrigation.



How easy do you find the IryPump[®] S system to use?

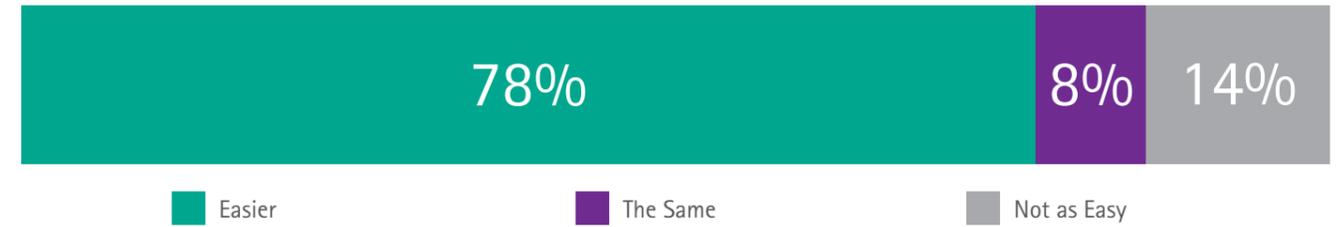
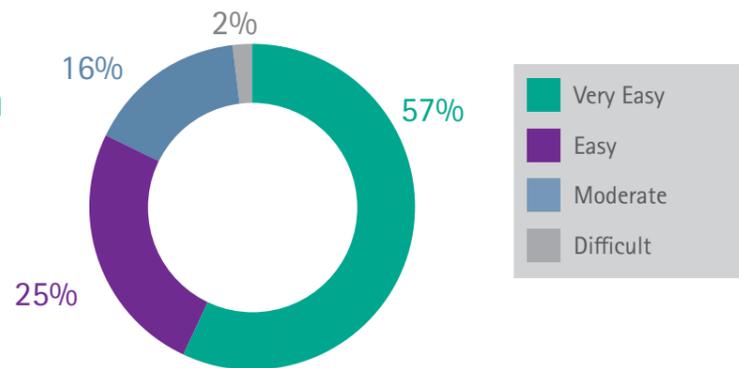


91% of people surveyed reported that IryPump[®] S was easy or very easy to set up.



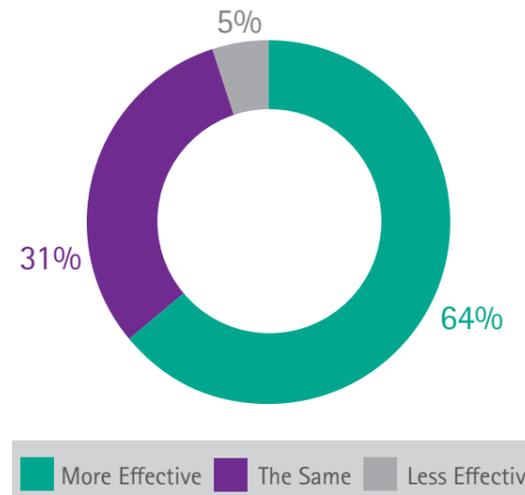
Do you find it easy to use the wheel to control and alter water flow?

98% had no difficulty in transporting IryPump[®] S

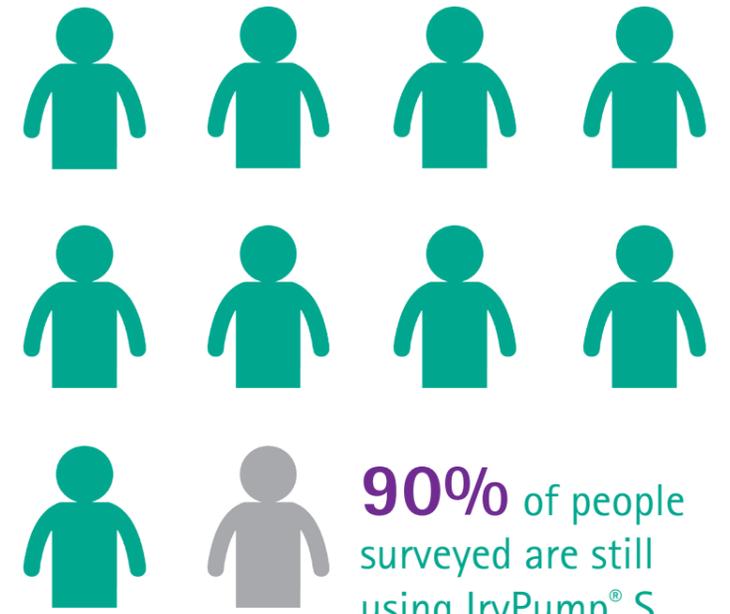


86% of people found IryPump[®] S to be easier or as easy to use compared to the competitor system they used previously³

93% found that IryPump[®] S made a positive difference in managing their condition



95% of people found IryPump[®] S to be more effective or as effective compared to the competitor system they used previously³



Turn over to see real stories of how IryPump[®] S improved people's quality of life

FAECAL INCONTINENCE

JANET'S STORY

Janet suffers from Multiple Sclerosis. She was initially referred to a nurse with bladder problems. However, once these were solved she mentioned that her bowels actually caused her more issues. Below is a Q&A with Janet.

WHAT SORT OF PROBLEMS WERE YOU HAVING WITH YOUR BOWELS?

Basically I was just incontinent, everyday.

I tried taking tablets to bung myself up a little bit, but I had no control of my bowel whatsoever which was becoming very embarrassing.

I stopped wanting to go out because once you've been incontinent doing your weekly supermarket shop and had to run to get to the loo to sort yourself out it's just gut-wrenching. I'd got to the stage where I was saying to my friends and even my husband 'I'm not going anywhere, I'll stop at home, you go and enjoy yourselves' simply because I had no control whatsoever of my bowels.

I definitely wouldn't go somewhere that I didn't know where every single toilet was. I even got to the stage where I knew where every toilet was in every shopping centre in Sheffield, Barnsley, Wakefield and even Leeds. It wasn't that I needed to go to the loo, but I went and sat on every toilet just to try and it never worked because I still had accidents which were devastating.

HAD THIS BEEN GOING ON A LONG TIME?

Yes, a very long time. Originally I saw someone to sort my urinary catheters out, but it was my bowel bothering me more than bladder. In some ways it's easier to cover up bladder incontinence but this isn't really possible with bowel incontinence.

I had a scan which showed that not only had the MS played a part in my bowel condition but also that child birth had left scar tissue. It also showed I had a short sphincter which contributed to the incontinence, although the MS was the biggest contributor.

WHAT TECHNIQUES HAD YOU TRIED TO IMPROVE YOUR INCONTINENCE?

I tried a programme at my local teaching hospital which aims to retrain your bowel, it does help a lot of people but mainly due to my MS, it didn't work for me.

Then I tried a different diet and made a food diary noting down everything I ate and which foods made my symptoms worse. I didn't like this at all because it meant I was hardly eating any of the foods I liked. My life was governed by eating no fruit, no vegetables and just trying to bung myself up, but it didn't work and the incontinence was still happening.

'IT HAS COMPLETELY CHANGED MY LIFE²'

HOW WAS IT FIRST USING THE PUMP?

All the way through it's been really easy. I watched the video a few times so I knew what I was doing, it was really easy to set up and it really is so easy to use, it's just amazing. I didn't find it any trouble, it's the best thing that's walked into my life!

From the first night I used it I saw the difference straight away. Although it took me quite a few weeks to realise that it was working and to believe that I could go out without worrying about being incontinent. When I use it I can go 48 hours at a time, I'm just so happy its changed my life so much.

It took some time to get into a routine. Personally I put the water in, in three stages, 500 ml at a time until I feel like I am completely empty.



'IT HAS GIVEN ME MY LIFE BACK, 99% NO INCONTINENCE²'

'I NEVER THOUGHT THERE WOULD BE AN OPTION OTHER THAN SURGERY UNTIL THIS²'

'AFTER 20 YEARS OF SUFFERING MY QUALITY OF LIFE IS NOW AMAZING, THANK YOU!²'

ROUGHLY HOW LONG DOES IT TAKE?

I irrigate every 48 hours and it takes about 20 minutes in total. It's probably 45 minutes from set up to cleaning and putting it away.

I do it about 8pm at night, just because I want that security that I am at home as I still worry about accidents. However, not once have I needed to go to the loo in between irrigations. I think I could even go longer than 48 hours but I stick to my routine.

SO, ARE YOU NOW GOING OUT?

Yes, I get in the car most days which I couldn't have done before I found IryPump[®] S. Plus, the biggest thing of all, I've recently been away on holiday to Menorca for nearly a month with my pump and I've actually toured the island on a bus with my husband with no need for toilet visits. I would never have even gone on a holiday previously.

WOULD YOU NOW SAY YOU WERE CLEAN AND DRY?

Absolutely! With a little help from my friend!

ANYTHING ELSE TO ADD?

Just that it has completely changed my life. Yes it takes 45 minutes every 48 hours, but I just cannot tell you how much it's worth it. IryPump[®] S is so discreet, I just tell my friends I'm going to nip off for half an hour to the loo and they don't bat an eyelid.

If my story helps another person find this product then it has been well worth it, but it has just changed my life. I even ask others at my MS group about their bowels as I think they should all know about it!

COLOSTOMY IRRIGATION

TAKING CONTROL

MY COLOSTOMY

I'd like to introduce you to Billy, my colostomy.

I first met Billy in 2007 following surgery to form a permanent stoma after being diagnosed with bowel cancer. The tumour had been reduced by radiotherapy and then removed whole. It was quite a distressing time, however the NHS looked after me very well.

After a couple of years post surgery, when Billy and I had settled into quite a good routine but not without some leakage incidents, I thought about irrigation. We had a stoma nurse visit our support group at one of our monthly meetings to give a talk about irrigation but at the time I decided it wasn't for me, it seemed too messy and too time consuming.

At this stage I'd like to point out how important joining a support group has been for me. Most of us in our group have given their stomas names, it makes it more friendly and personal. You may be surprised at the detailed and open conversations that we have about stomas and their workings. I have also been very lucky to have the total support from Anita, my wife, and my family. This can make such a difference to the quality of life and your outlook.



PROBLEMS WITH LEAKAGE

In January 2015 I was having quite a few problems with leakage. This seemed to happen when out and about at a restaurant or staying overnight with friends. I began to feel quite fed up with Billy and started to have a loss of confidence in getting out and about.

In March 2015 I made an appointment with the stoma nurse at the local hospital to teach me how to irrigate. That turned out to be a horrible experience for both the nurse and me. I'll explain why.

We were using a toilet just outside one of the busy waiting areas at the hospital. Several times we were interrupted by the locked door handle being turned, people knocking on the door asking if we were OK plus the general noise coming from the busy corridor.

This was whilst I was using the gravity irrigation system and trying to keep my dignity. Maybe because of my inexperience, I had difficulty in controlling the flow from the gravity bag amongst other things. I gave up and again decided irrigation was not for me.

For a few months life returned to normal with my stoma behaving itself, that was until August 2015 when I began to experience leakage and skin tenderness once again. I began to feel very negative about life in general and my wife knew I was in a dark place with no light at the end of the tunnel.

I went to visit my stoma nurse again to see what other options were available to me. I tried lots of different colostomy bags but it made no difference. I considered gravity irrigation again but opted to continue with the skin soreness and leakage.

'TIME SAVED AND VERY EASY TO USE WHEN TRAVELLING. THERE'S ALSO NO NEED TO FIND A PLACE TO HANG AN IRRIGATION BAG'

GIVING IRRIGATION A TRY

A couple of months later our support group had a guest presenter from B. Braun Medical, she was there to demonstrate a new electrical irrigation pump called IryPump® S. This instantly caught my attention and I thought this could be the light at the end of the tunnel.

I was given the opportunity to trial IryPump® S for a few weeks and wow, what a difference!!

After just a couple of attempts I was confident in using the IryPump® S properly, it was so easy to handle and easy to use. There is no doubt that it changed my life in terms of my stoma management. I was back in control and this gave me back my confidence to do the things I wanted to do.

I researched the comparative cost of IryPump® S against the cost of using my colostomy bags and gave this information to my GP - it is a huge cost saving! I had total support from my GP who had been concerned about my quality of life and he arranged for me to receive the IryPump® S on prescription.

I usually irrigate each morning and it takes around 50 minutes from start to finish. If I have an early start to the day I can be flexible and manage until the next evening or morning sometimes. I am now confident enough to go on holiday and irrigate on a cruise liner or in our motorhome wherever it takes us.

'IRRIGATION, IN MY OPINION, IS THE BEST OVERALL WAY TO MANAGE A COLOSTOMY, MY PREVIOUS PUMP WAS GOOD, BUT THIS NEW ONE IS FAR SUPERIOR'



PAEDIATRIC IRRIGATION

A MOTHER'S PERSPECTIVE

My son Sam suffers from a rare congenital condition called Caudal Regression Syndrome or Sacral Agenesis, in which there is abnormal fetal development of the lower spine (the caudal area). This is a complex condition with various levels of severity depending how much of the spine is absent, ranging from partial absence of the tail bone regions to absence of lower vertebrae, pelvis and parts of the thoracic and/or lumbar areas of the spine.

In Sam's case he was born with a missing tail bone and sacrum resulting in him suffering bilateral talipes, an imperforate anus, bowel and bladder deficiencies and other non-associated problems.



Initially, at 10 days old, Sam was fitted with a colostomy until a back passage was successfully created at 6 months of age. After which, I worked tirelessly with Sam's Specialist Nurses and Consultants to find a solution which would allow us to gain some form of continence control to increase his quality of life.

Various bowel management techniques were tried to attempt successful colonic washouts combining these with rectal enemas and oral medication but all had little success. These techniques were frequent (daily), lengthy (up to 4 hours) and painful, causing Sam a lot of distress.

Over the next 8.5 years, Sam had various daily regimes, frequent excruciating bowel spasms, skin ulceration and breakdown, negative social awareness due to odour and limits to the activities he enjoyed due to his frequent soiling.

Due to Sam's unstable spine and lack of pelvis we were advised he had to be closely supervised at all times to avoid permanent paralysis and the only sport he could take part in was swimming. Sadly, this was severely hampered by our inability to keep Sam 'clean' and his daily medical routines.

Sam was also unable to attend family or friends for 'sleepovers' due to his heavy soiling (he was unable to clean himself/change his nappy) and the likelihood of him suffering excruciating bowel spasms.



Thankfully our ever determined Specialist Stoma Nurse offered us the chance to be one of the first to use the B. Braun IryPump® S electrical bowel irrigation pump.

The IryPump® S Set is compact and very easy to assemble. It consists of the pump power unit, a water container unit (with a handy built in water temperature indicator), a tube system, the IryCone® and power supply. These all fit into a small handy travel bag which was provided.

Sam was just 9 years old when this pump was demonstrated and given to us to trial and I offered to write this review as the use of this pump has had a remarkable effect on Sam's quality of life and given us a less arduous and more predictable bowel management regime.

Here's what IryPump® S has changed for Sam and our family:

- The frequency of bowel irrigations has reduced from daily to 1-2 per week giving Sam 'free' nights
- I can schedule irrigations so he is clean to enjoy sleepovers with his friends both at home but more importantly, for his emotional development, at their houses too
- These 'free' nights mean that Sam has increased his swimming and has been selected to swim for not only a disabled club but an able bodied club. He is winning gold, silver and bronze medals and beams from ear to ear every time he enters the water
- The frequency of his bowel spasms, although not eradicated, have reduced significantly
- Sam is 99% clean on the days in between irrigations
- The compact travel case means it is easy to take on breaks away or on holiday. Everything you need is in the case!
- As Sam is clean between irrigations, he has become more independent in school and at home, this has had a huge impact on his self confidence
- As a family it has given us much more quality time with Sam, it has been a delight to see him flourish with his new found freedom, independence and self confidence

I cannot recommend the IryPump® S highly enough and hope that if you are in any doubt about using it for yourself or your child, as I was, that a summary of Sam's experience may encourage you to give it a try.

Product	Quantity	Product Code
IryPump® S Set	1 Set	29120E
IryCone®+ (cone and tubing) (Replace every 3 months)	1 Piece	29220E
IrySleeve® Irrigation Sleeves 60 mm	Box of 50	60650E
IryPump® Water Container	1 Piece	29240

DEDICATED NURSE LINE

0800 526 116

emerald.bbmuk@bbraun.com

OPENING HOURS

8:30 am – 5:30 pm

WEBSITE

www.bbraun-emerald.co.uk



If you would like further information for Rectal or Colostomy Irrigation, such as DVDs or instructions for use booklets, please call our freephone patient careline for more information on **0800 163 007** or visit our website: www.bbraun-emerald.co.uk

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References

1. NHS Drug Tariff November 2016
- 2.B. Braun Medical Ltd (2016) *IryPump® S - Patient Satisfaction Survey* March 2016. Data on file.